**Help the Helpers *– Update 4/25/2025***

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| Engagement #9A: Provide support to individuals with occupational exposure to secondary trauma from working in the justice system, crisis response, and as first responders, and their families. |

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| **ACTION ITEMS** |
| 1. Create a joint task force or organization at the state level to support the behavioral health and mental wellness of first responders long-term:   o   Implement a statewide first responder wellness app and provide resources, and identify long term sources of funding  o   Develop Idaho First Responder and Helper Conference (along with potential for mobile conference option/access) and identify long term sources of funding  o   Promote credentialing or specialized training for working with first responders to behavioral health educators, graduate programs, professional associations, and licensing boards |
| 1. Research and review of other state and local practices to explore successful models for addressing behavioral health and mental wellness for first responders/helpers and their families, and report findings and recommendations back to the implementation team |
| 1. Needed Statutory Changes:   o   Educate stakeholders of the needs of the helpers and these needed statutory changes  o   Draft and propose statutory changes for worker’s comp related to post-traumatic stress disorder for first responders in Idaho Code § 72-451, and expand definition of disability in Idaho Code § 59-1352A to include disability to perform public safety officer duties  o   Draft and propose statutory changes to Idaho Code § 9-203 definition of first responders to include adult and juvenile correctional officers, and adult and juvenile probation/ parole officers. |

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| **ACTION ITEM #1** | |
| **Create a joint task force or organization at the state level to support the behavioral health and mental wellness of first responders long-term** | |
| **FULL DESCRIPTION** | |
| Create a joint task force or organization at the state level to support the behavioral health and mental wellness of first responders long-term:  o   Implement a statewide first responder wellness app and provide resources, and identify long term sources of funding  o   Develop Idaho First Responder and Helper Conference (along with potential for mobile conference option/access) and identify long term sources of funding  o   Promote credentialing or specialized training for working with first responders to behavioral health educators, graduate programs, professional associations, and licensing boards | |
| **TARGET OBJECTIVES** | |
| **1.** |  |

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| **SMART GOALS TO ACCOMPLISH ACTION ITEM #1 OBJECTIVES** | | | | |
| **OBJECTIVE** | **SPECIFIC OUTCOME** | **METRIC FOR ACCOMPLISHMENT** | **TARGET DATE FOR COMPLETION** | **RESPONSIBLE PARTY** |
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| **TEAM LEAD** | |
| Kimberly Crawford | Clinician |
| **OTHER KEY IMPLEMENTATION STAFF FOR ACTION ITEM #1** | |
| Jenny Teigen | Recovery Coach |
| Marisa Cogswell | Nampa Police – Dispatch |
| Summer Nimmons | Clinician/Former EMT and Veteran |
| Shannon McGuire | Spark! Strategic Solutions |
| Sara Stear | Canyon County Paramedics |
| Garrett De Jong | McCall Fire Department |
| Jesse Avery | Idaho State Police |
| Jennifer Pierce | Idaho Department of Juvenile Corrections |
| Tracy Basterrechea | Meridian Police Department |
| **CONSULTING STAKEHOLDERS FOR ACTION ITEM #1** | |
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| **RESOURCES, RISKS, AND ADDITIONAL INFORMATION FOR ACTION ITEM #1** | |
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| **ACTION ITEM #2** | |
| **Research and review of other state and local practices to explore successful models for addressing behavioral health and mental wellness for first responders/helpers and their families, and report findings and recommendations back to the implementation team** | |
| **FULL DESCRIPTION** | |
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| **TARGET OBJECTIVES** | |
| **1.** |  |
| **2.** |  |

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| **SMART GOALS TO ACCOMPLISH ACTION ITEM #2 OBJECTIVES** | | | | |
| **OBJECTIVE** | **SPECIFIC OUTCOME** | **METRIC FOR ACCOMPLISHMENT** | **TARGET DATE FOR COMPLETION** | **RESPONSIBLE PARTY** |
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| **TEAM LEAD** | |
| Jeff Mutchie | Nampa Fire Department |
| Garrett de Jong | McCall Fire Department |
| **OTHER KEY IMPLEMENTATION STAFF FOR ACTION ITEM #2** | |
| Madison Allen | Idaho Attorney General’s Office |
| Tracy Basterrechea | Meridian Police Department |
| Marisa Cogswell | Nampa Police – Dispatch |
| Cory Conrad | Idaho Department of Juvenile Corrections |
| Kimberly Crawford | Clinician |
| Chenele Dixon | Idaho Solutions |
| James Frasier | Idaho Department of Correction |
| Lael Hansen | Ada County Juvenile Probation |
| Ryan Martin | Gen County Sheriff’s Office |
| Jenny Teigen | Recovery Coach |
| Joe Toney | Clinician |
| Tina Transue | Idaho Department of Correction |
| Jenni Williamson | Family Member |
| **CONSULTING STAKEHOLDERS FOR ACTION ITEM #2** | |
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| **RESOURCES, RISKS, AND ADDITIONAL INFORMATION FOR ACTION ITEM #2** | |
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| **ACTION ITEM #3** | |
| **Statutory Revisions** | |
| **FULL DESCRIPTION** | |
| Needed Statutory Changes:  o   Educate stakeholders of the needs of the helpers and these needed statutory changes  o   Draft and propose statutory changes for worker’s comp related to post-traumatic stress disorder for first responders in Idaho Code § 72-451, and expand definition of disability in Idaho Code § 59-1352A to include disability to perform public safety officer duties  o   Draft and propose statutory changes to Idaho Code § 9-203 definition of first responders to include adult and juvenile correctional officers, and adult and juvenile probation/ parole officers. | |
| **TARGET OBJECTIVES** | |
| **1.** |  |
| **2.** |  |
| **3.** |  |

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| **SMART GOALS TO ACCOMPLISH ACTION ITEM #3 OBJECTIVES** | | | | |
| **OBJECTIVE** | **SPECIFIC OUTCOME** | **METRIC FOR ACCOMPLISHMENT** | **TARGET DATE FOR COMPLETION** | **RESPONSIBLE PARTY** |
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| **ACTION ITEM #3 TEAM LEAD** | |
| Chenele Dixon | Idaho Solutions |
| Garrett de Jong | McCall Fire Department |
| **OTHER KEY IMPLEMENTATION STAFF FOR ACTION ITEM #3** | |
| Tracy Basterrechea | Meridian Police Department |
| Cory Conrad | Idaho Department of Juvenile Corrections |
| Kimberly Crawford | Clinician |
| Sara Steer | Canyon County Paramedics |
| Jeff Mutchie | Nampa Fire Department |
| Jenny Teigen | Recovery Coach |
| **CONSULTING STAKEHOLDERS FOR ACTION ITEM #3** | |
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| **RESOURCES, RISKS, AND ADDITIONAL INFORMATION FOR ACTION ITEM #3** | |
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