Idaho Behavioral Health Council

Quarterly Meeting

April 12, 2024

Vision for Idaho's Behavioral Health System

It is our vision that adults, children, youth and their families who live with mental illness and addiction **receive the behavioral healthcare services they need when they need them.**

IBHC Guiding Principles

1) Consumer and Family Voice

Because the voices of consumers of services and their families are crucial to proper implementation of the Idaho Behavioral Health Council's strategic action plan, we commit to include them as indispensable partners in program design, implementation, and evaluation.

2) Cross-System Collaboration

We commit to utilize an inclusive and collaborative approach in the implementation of behavioral health strategic action plan.

3) Promote Evidence and Best Practices

We commit to using known effective practices through the design and implementation of the strategic action plan, including best practices for funding services and supports.

4) Recovery and Resiliency Oriented

We commit to designing a system that focuses on the lifelong process of improving wellness and strives to assist consumers and families in reaching their full potential.

5) Equitable Access

We commit to implementing a system with equal access for all Idahoans regardless of race, ethnicity, gender, socioeconomic status, or sexual orientation. We commit observing all rights as defined in the Americans with Disabilities Act (ADA).

6) Financially Sustainable

We commit to designing and implementing a behavioral health system that is effective, efficient, and financially sustainable.

7) Quality, Accountability, and Outcomes

We commit to transparent and continuous evaluation of quality and outcome measures in all programs and services to achieve the best possible outcomes for Idahoans and to achieve effective/efficient use of public dollars

ENGAGEMENT

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TREATMENT

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PROMOTION

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RECOVERY

These services support individuals' abilities to live productive lives in the community and can help with management of behavioral health conditions to minimize the risk of relapse or recurrence.

Idaho's Behavioral Health Framework

Wilder Middle School

Dr. Jeff Dillon, Wilder School District

Wilder School
District #133

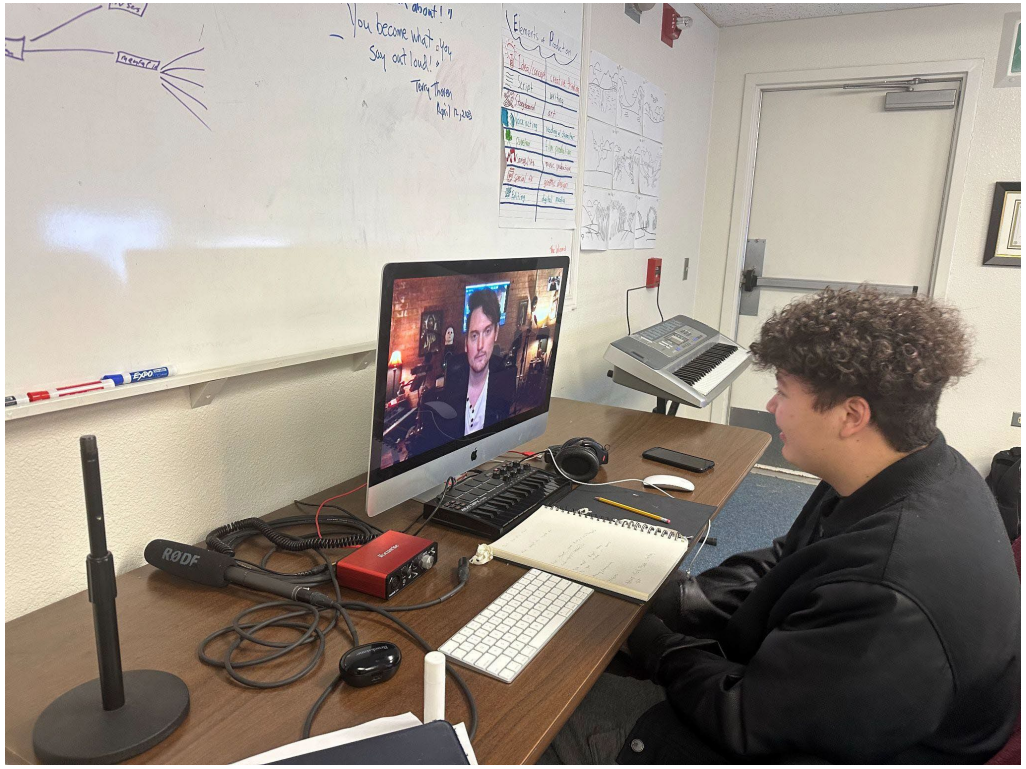
Home of Scholars and Champions!

Thank YOU!

Introductions

What made this experience unique

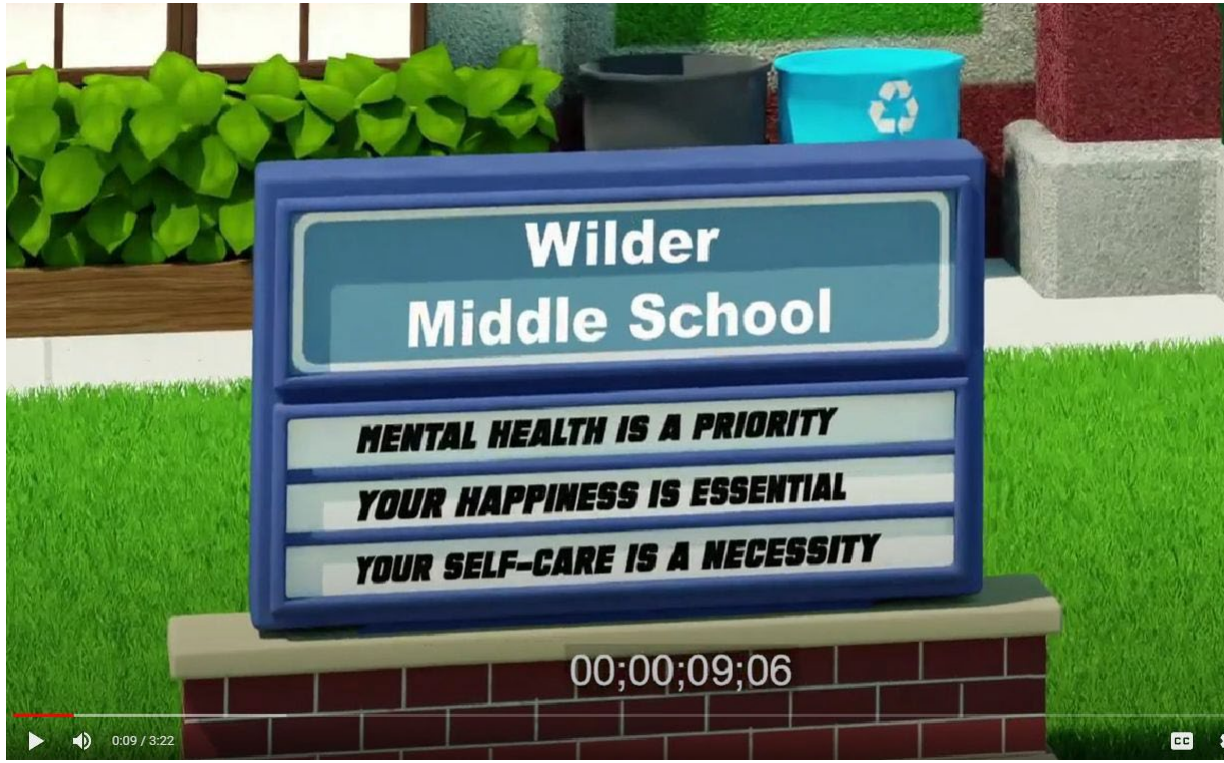
- Real world experiences/ deadlines
- Changes/curballs. Not afraid of taking risks
- Collaborations with different groups
- Mentorships
- Student to student
- Professionals to students
- AI use
- Make a difference



Goal:

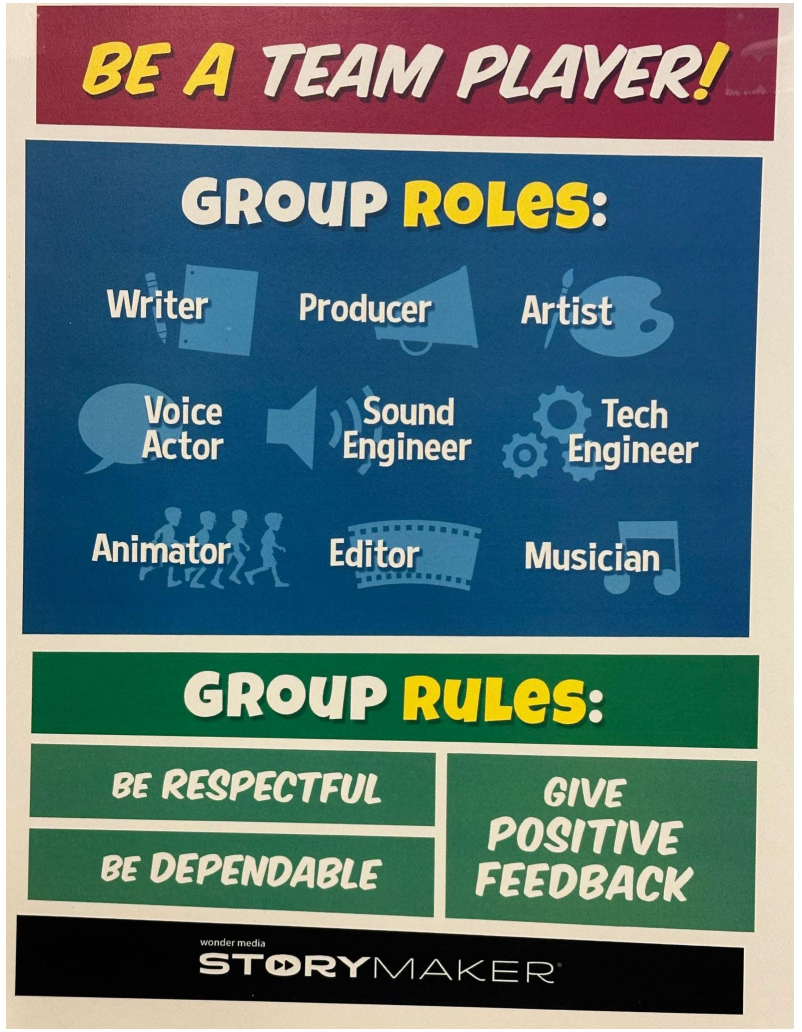
Our goal from this series was to show middle schoolers that its ok to have struggles and they can share their feelings and not be ashamed of it.

- Some kids are addicted to social Media.
- How to overcome insecurities and social anxiety.



Production Process

- Idea Concept
- Script
- Voice Acting
- Puppeteering
- music/ sound effects
- editing/ special effects



Writing

- Collaboration with IRP, Wondermedia and Wilder
- Middle school writing team Highlights
- Learning process.

SM_IRP_03_Script_StressResponse_mc_revisionsbyac_v04

Stress Response

EXT. BUS STOP - AFTER SCHOOL

AMANDA meets up with her younger cousin BROOKE who is at the bus stop waiting for the school bus to go home.

AMANDA
Hey Brooke! Sorry I missed your call earlier.

BROOKE
No problem girl, I totally get it.

AMANDA
What's up, how's it going?

BROOKE
Ugh, fine. I mean, the school bus is late…again! And actually, there's something I wanted to talk to you about. I've been feeling really stressed out lately. Like *really* stressed. And it's not just about schoolwork. I feel like it's been affecting every part of my life.

AMANDA
How so?

BROOKE
I've been getting so overwhelmed at home that sometimes I feel like I'm just gonna explode. I don't understand why it keeps happening. I've been feeling pretty bad about it.

AMANDA
Stress is something we all have in our lives. You're not alone. But by figuring out how to deal with it, we can change how much it affects us. It's important to know our limits, so in the future, we don't have to get to the point that we just lose it.

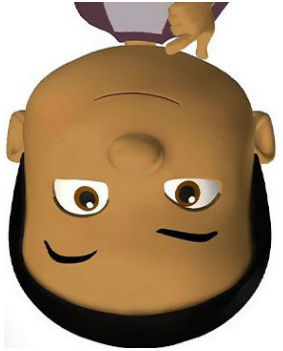
Storyboard

Storyboarding is a process used by movie makers, animators, or even short clip youtubers. Many keys take part in making a storyboard.

- script
- dialogue
- backgrounds
- sketches
- importance
- camera system
- creativity

Voice Acting

- Excited for an experience that goes beyond the school and community
- Expressing yourself in a different way
- Be apart of the story



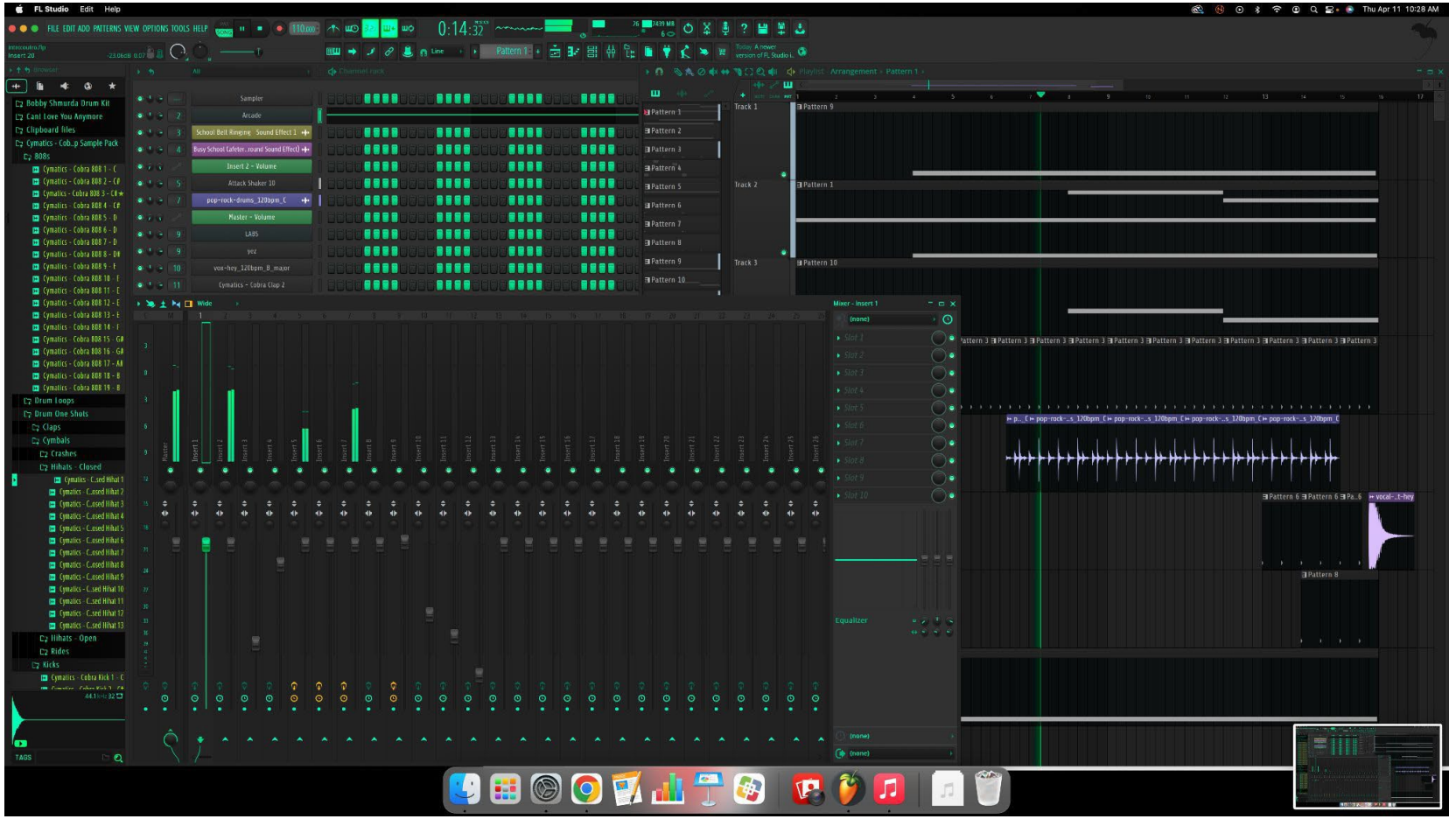
Staging / puppeteering

Staging/puppeteering is where you set up the angles for each shot to make sure everything lines up right.

- Accounting for background characters
- Adding animation to line up with Storyboard ideas.
- Improvising to do things that we to add.

Music/Sound effects

- Production
- Audience Connection
- Sound Selection
- Syncing
- Mixing
- Experience
- Alex Mentorship

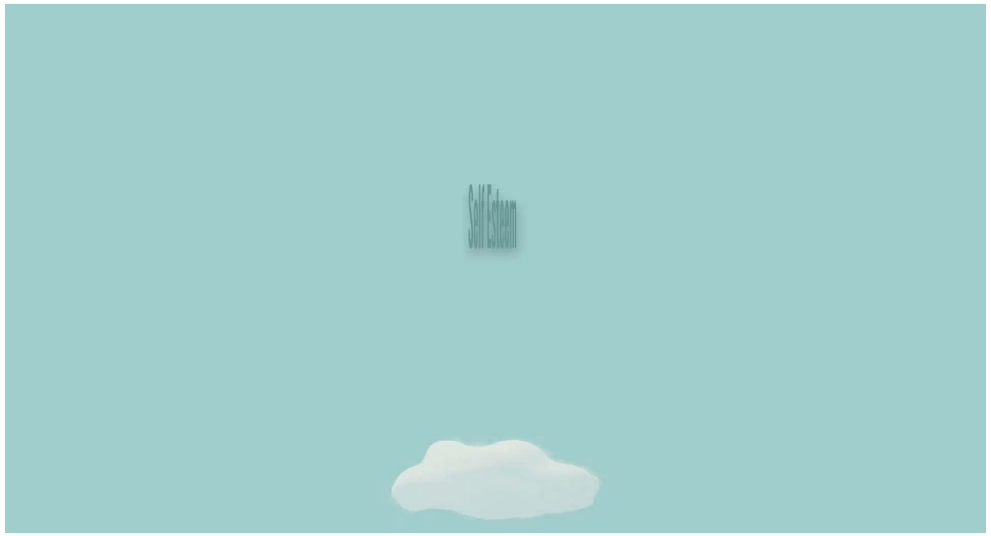


Editing/ Final details

Many of the clips we shared in the video seemed, off. A lot of distance was set in the c
seem almost unreal. To fix problems like this, we took into detail many little things, such

- background characters
- fixing small errors
- overlapping images
- characters emotions / body language
- plants, small decorations
- background noise
- sound effects

Mental Health Videos



Wilder School District Student Animation Videos

Mental Health Videos

- Stress Response.mp4 - Google Drive
- Self Esteem.mp4 - Google Drive
- Relationships.mp4 - Google Drive
- Social Media and Digital Health.mp4 - Google Drive

TV Series Intro

- TV series Intro 2.5.mp4 - Google Drive

Takeaways / What's Next

- Targeting specific audiences
- Advanced skills
- Problem Solving

- Tv series/ work with other groups

IDHW Updates

Ross Edmunds, IDHW

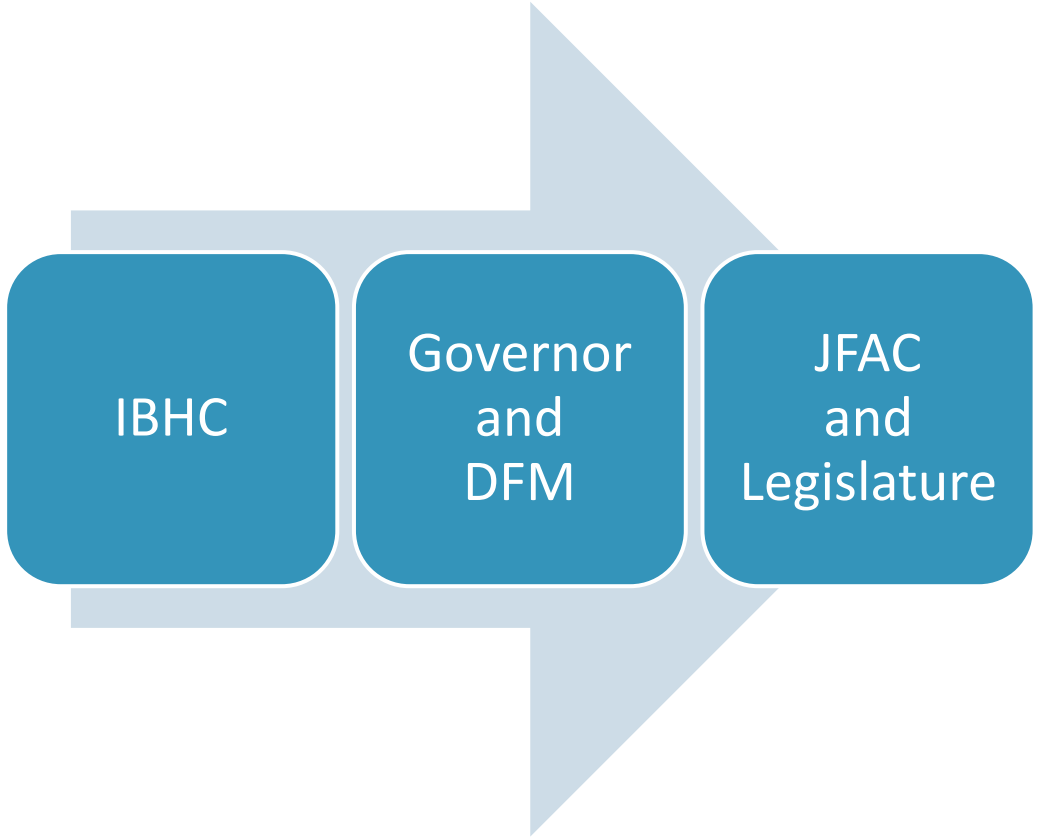
Opioid Settlement Fund Recommendation Process

Sara Omundson, Co-Chair

Opioid Settlement Fund Recommendation Process

Responsibilities

- Idaho Code 57-825



Constraints

- Expenditures can only be for approved opioid abatement strategies identified in the settlement agreements
- IBHC does not grant funds directly
- Funds must be appropriated by the Legislature into state budgets
  - Funding availability is variable each year
  - Collaborative process identifies sponsors for requests and capacity
  - New for FY2025 – State agencies served as a pass-through for nonprofit recipients

Opioid Settlement Fund Recommendation Process

TIMELINE	RESPONSIBLE PARTY
April 15 – May 15, 2024	IBHC solicits agency proposals and public input
June 14, 2024	IBHC votes on recommendations
August 30, 2024	IBHC submits recommendations to the Governor
Fall 2024	Governor incorporates IBHC recommendations into agency budgets
Spring 2025	Legislature appropriates Opioid Settlement Funds
July 1, 2026	Agency budgets include funded items from Opioid Settlement Fund

IBHC Strategic Planning Overview

Shannon McGuire, Spark!

Strategic Planning Process

The guiding process for development of the statewide strategic action plan.

Vision for Idaho's Behavioral Health System

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Idaho Behavioral Health System

Mental Health

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Mental Illness

A syndrome characterized by clinically significant disturbance in an individual's cognition, emotion regulation, or behavior that reflects a dysfunction in the psychological, biological, or developmental processes underlying mental functioning.

Substance Use Disorder

A problematic pattern of using alcohol or another substance that results in impairment in daily life or noticeable distress.

Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition **(DSM-5)**

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- Dept. Health & Welfare
- Idaho Courts
- Idaho Department of Correction
- Idaho Juvenile Corrections
- Counties
- State Dept. of Ed

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Provider Network | **Contracts** | **Treatment Courts** | **Hospitals** | **Private Providers**

IBHC Accountability Structure

Our organizational model.

Idaho Behavioral Health Council

Develops and oversees the implementation of a statewide strategic action plan designed to ensure an effective, efficient, recovery-oriented behavioral healthcare system for all Idahoans.

Co-Chairs	Appointed Members

Advisory Board

Assists and advises the Council by providing subject matter expertise and collective recommendations based on the outcomes of the individual workgroups.

Workgroups

Supports the development of the statewide strategic action plan by studying the current landscape, identifying barriers, researching potential solutions and preparing recommendations for Advisory Board review.

Children & Youth	**Civil Commitments**
Clinical Care	**Criminal Justice**
Housing	**Prevention / Early Intervention**
Programs & Services	

Strategy & Operational Support Team

Provides operational support, logistics and strategic planning guidance to the Council, Advisory Board and Workgroups.

Convening & Facilitation	**Meeting & Project Management**	**Data & Analytics**	**Communications**

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IBHC Recommendation Process

Co-Chairs review recommendations and action items to clarify Council requirements and expectations.
Council approves final recommendations and strategic action plan.

Creates recommendations for Council review and approval.

Creates list of action items for Advisory Board review and refinement into recommendations.

Manages and facilitates the recommendation / action item development process.

Identifying Best Practices

Data-driven decisions.

NATIONAL STUDIES

Review of existing studies to understand best practices for recommendations.

IDAHO

What's working now and what national practices can be adopted.

CHILDREN & YOUTH	**COMMITMENTS**	**CLINICAL CARE**
CRIMINAL JUSTICE	**HOUSING**	**PREVENTION / EARLY INTERVENTION**

PROGRAMS & SERVICES

SYSTEM FOCUS AREAS

Priority areas that recommendations and action items will be based upon.

TYPE OF RECOMMENDATION

Recommendations will be categorized into one of the following types.

PROGRAMS	PROJECTS	POLICIES	PARTNERSHIPS
Established and ongoing activities that support community behavioral health.	Time bound activities that help improve community behavioral health.	Statutes, IDAPA rules, regulations, and practices & procedures.	Community / Public Agency partners that are subject matter experts in the area of behavioral health.

Systems Change

The foundation of our work.

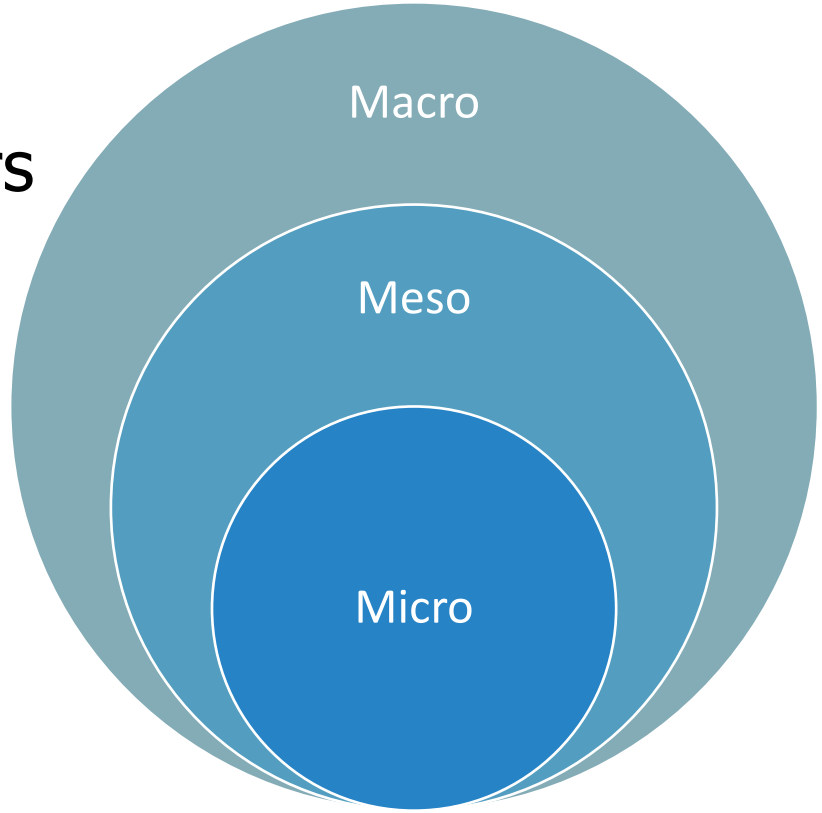
What is Systems Thinking?

The process of understanding how things influence one another within a whole.

Systems Level Planning & Change

We will be looking at the behavioral health system through three frames:

- Macro – Statewide behavioral health system
- Meso – Organizational partners and users
- Micro – Individual users of the system



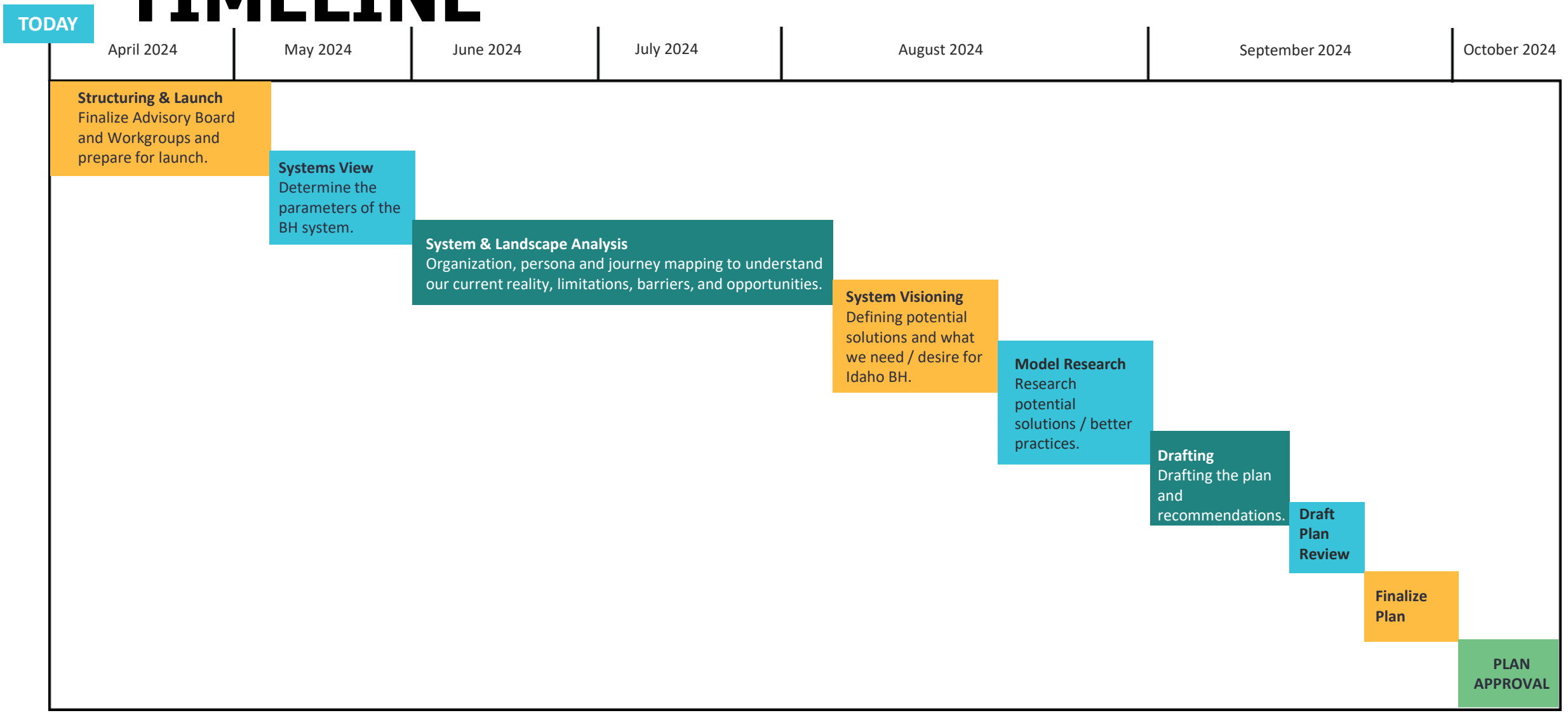
Systems Level Planning & Change

Systems mapping	Asset mapping	Persona identification	SWOTT analysis
• *Understanding of the organizations providing services.*	• *Identification of existing resources within the system.*	• *Empathetic and analytical view of system users.*	• *A deeper look at strengths, weaknesses, opportunities, threats, and trends impacting the system.*

Planning Timeline

Overview of the process for engagement and completion of the statewide plan.

STRATEGIC PLANNING TIMELINE



Questions

Next Steps and Future Meetings

Future Meeting Dates

- Opioid Settlement Fund Voting

Questions?

Next Meeting
June 14, 2024