

PathwaysSM

Youth Community Support Center
Paving the way for youth in crisis

Pathways Crisis Centers



Pathways Crisis Centers

- Part of a statewide network of crisis centers providing short-term care, stabilization, and community resources for anyone experiencing a behavioral health crisis
- 24/7 and free of charge!
- Boise Adult: Pathways Community Crisis Center of Southwest Idaho
- Boise Youth: Pathways Youth Community Support Center
- Caldwell Adult: Western Idaho Community Crisis Center
- Nampa Youth Coming January 28th 2024!

Grand
opening of
PYCSC!
Oct 16th 2023



Pathways Youth Community Support Center



ENTRY



SENSORY ROOM



RESTING AREA

Youth Crisis Center Client Updates

- ❖ 41 youth clients served
- ❖ 71% reported recent or current suicidal ideation
- ❖ 59% reported recent self-harm
- ❖ 49% reported a history of runaway behavior
- ❖ 27% reported substance use





Positive Outcomes - Laura's Story



Laura came to the youth crisis center seeking support with suicidal thoughts and self-harm after being referred by her school counselor. Following an assessment, Laura and her mother decided that she would stay the night. Laura spent time with a certified Peer Support Specialist, they played ping pong and colored in the sensory room. They talked about some of the things that make Laura feel angry and want to engage in self-harm, as well as things that help her feel better. After a night of rest, Laura met with a counselor who was able to help her identify coping skills to add to her safety plan. A case manager had gathered resources to review with Laura and her mother and had made an appointment with an outpatient therapist that same day. After meeting with the counselor and her mother that morning, Laura could not believe how much better she was feeling and was no longer having suicidal thoughts. She and her mother also felt like they had a solid plan of what to do if a crisis happened again. Laura was able to go home. Laura was very relieved she had not had to go to the hospital. Laura's family also knew just what to do when they had another child experiencing a crisis a few weeks later, and also brought them to the youth crisis center. Laura came with her brother and was able to tell the staff how much better she was doing and thank them. After having two of her children supported by PYCSC, Laura's mom was so grateful to have this resource in the community, she asked if she could come back and volunteer!

Boise Adult Crisis Center



ENTRY

PCCCSI had 1,209 admissions in 2023!



RESTING AREA

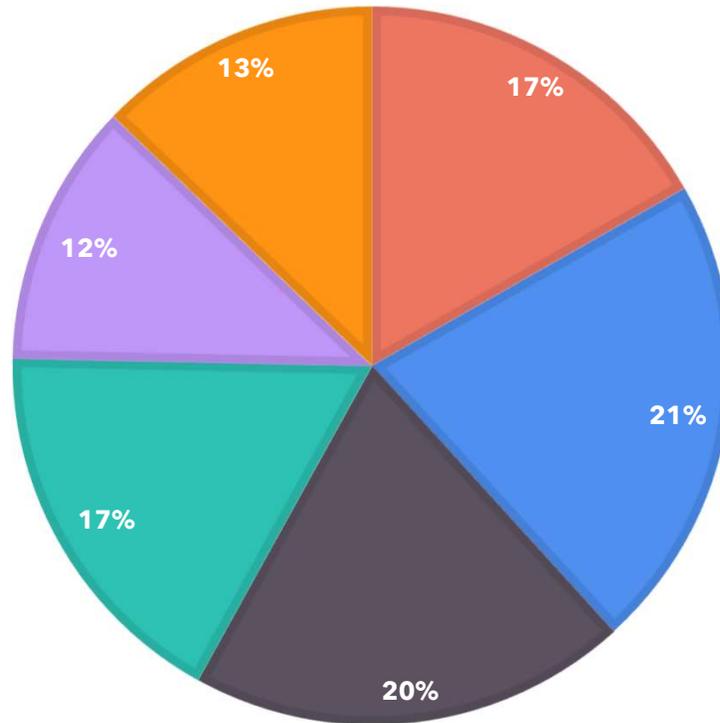


COMMON AREA

Reasons for Seeking Services

PRESENTING ISSUES

Mental Health - 16.8% Symptom Management - 21.5% Suicidal Ideation - 19.8%
Detox/Substance Use - 17.3% Financial/Job/Housing - 11.9% Other - 12.8%



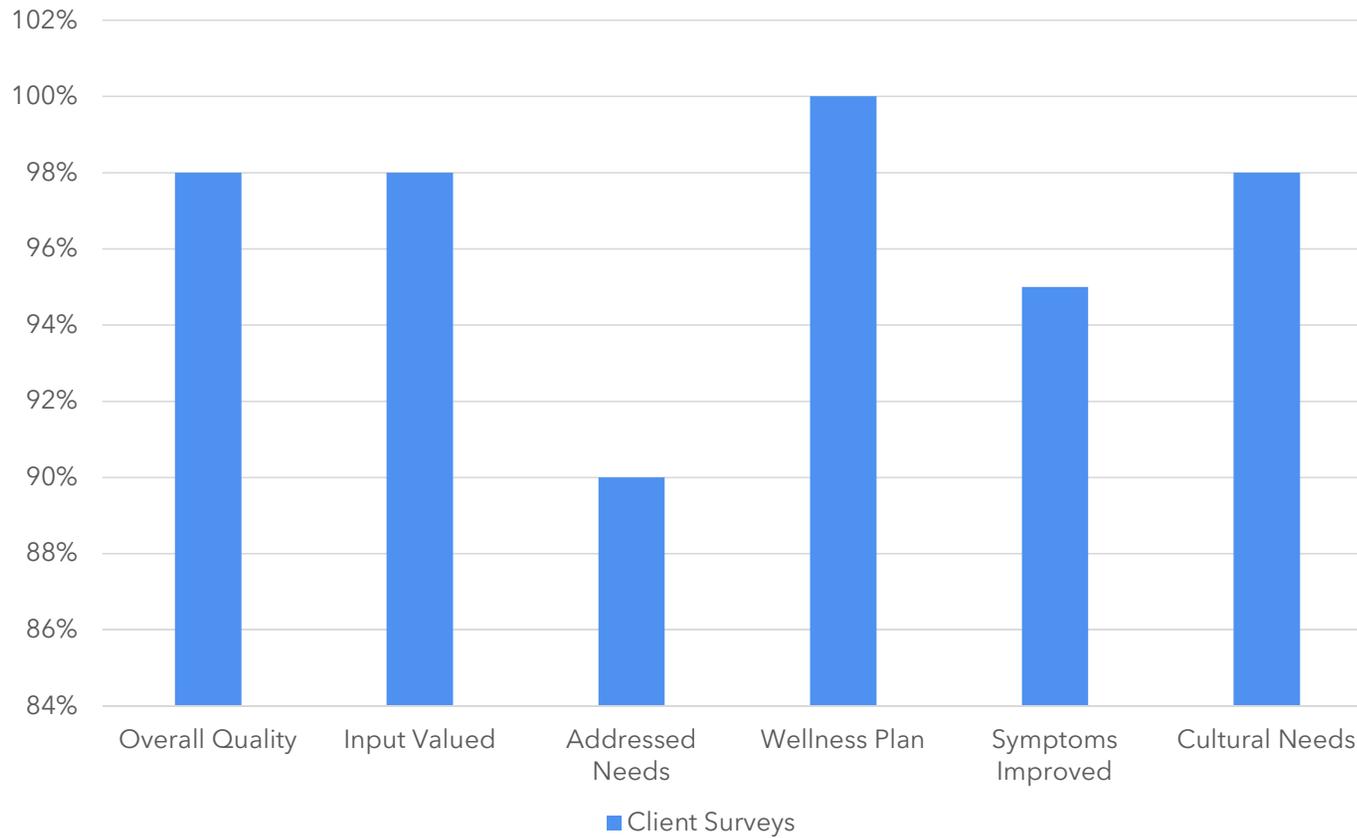
Cost Savings Due to Crisis Center Operations: PCCCSI Oct 1st-Dec 31st 2023

Description	Visits	Cost/Visit	Total Cost
Hospital ED/Hurt self	189	\$2,600	\$491,400
Jail	15	\$82/day, 15 Days avg	\$18,450
Law Enforcement/911	20	\$1,000	\$20,000
TOTAL	272		\$529,850



Client Satisfaction

Client Surveys

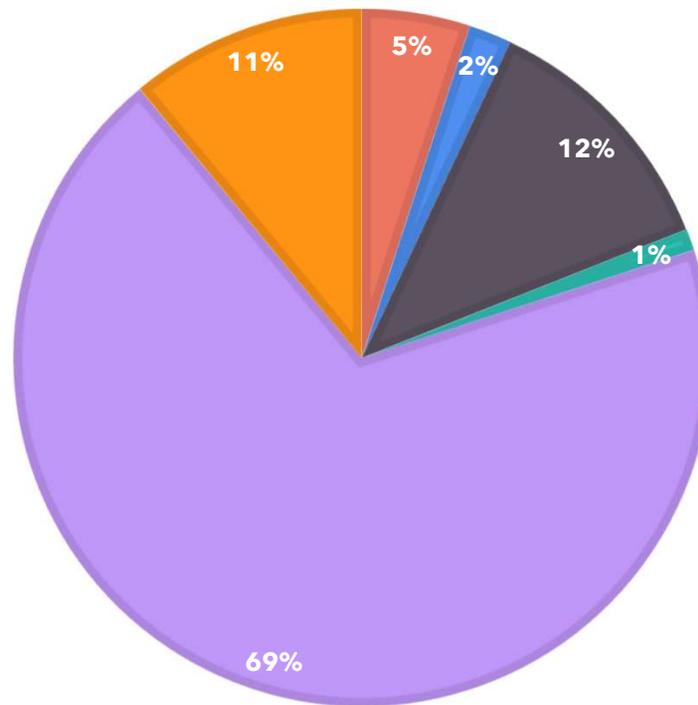




Where would you be if the Crisis Center wasn't here?

PERCENT OF CLIENTS

I don't know - 5% Home - 2% Dead - 12% Psych Hospital - 1% Hospital/ER - 69% Jail - 11%





Client Feedback

“Thanks to all of you for taking the time to listen to an old woman talk. Sometimes life gets so dark because I don’t have anyone else to talk to and you all sat and listened to me. Gave me another reason to keep breathing today.”

“Thank you for making it not so scary to come in and talk about my addiction!”

“Thank you! My counselor today helped me see why killing myself isn’t the option and for telling me if I feel this way I could always come back here. Sometimes I feel like no one understands how dark I feel and the counselor I think understands”

“Thank you for taking care of me and my dog. I can’t lose my dog and you knew how important that was to me”



Thank you!



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